Januàry 2024 Elementary Lunch Hainesport School
(GF) $=$ Giluten-Free Ingredients

CAFÉ CONTACT INFO:
Kim Onori Director hai@nsfm.com Phone: 609-261-1316 ext 213 *Menu subject to change

Lunch Includes: Protein Grain Fruit Veggie Milk Choose at least 3 out of 5 components1 must be a fruit or veggie. You may take 2 fruits \& 2 veggies!

Lunch Prices
Student Paid: $\$ 3.00$
Free \& Reduced Status: free!
Adult Lunch: \$4.00
(V) = Vegetarian Ingredients

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} \text { Hapoy, } \\ \text { New yean } \end{gathered}$ | Soft Shell Chicken <br> Tacos <br> Sides: <br> Corn <br> Fruit of the Day | Chicken Fries w/dinner roll <br> Sides: Fruit of the Day | Cheeseburgers <br> Sides: <br> Baked Beans Fruit of the Day | Cheese Pizza <br> Sides: <br> Garden Salad Fruit of the Day |
| Fish Sticks <br> w/ muffin <br> Sides: <br> Fries Fruit of the Day | Nachos <br> Sides: <br> Corn <br> Fruit of the Day | Asian Popcorn Chicken over rice <br> Sides: <br> Peas <br> Fruit of the Day | Homemade Mac \& Cheese <br> Sides: <br> Mixed Vegetables Fruit of the Day | Cheese Pizza <br> Sides: <br> Garden Salad Fruit of the Day |
| No School | Corn Dogs <br> Sides: <br> Broccoli <br> Fruit of the Day | Grilled Cheese w/Tomato Soup <br> Sides: <br> Green Beans Fruit of the Day | BBQ Pulled Pork Sandwich <br> Sides: <br> Carrots <br> Fruit of the Day | Cheese Pizza <br> Sides: <br> Garden Salad <br> Fruit of the Day |
| 22 | 23 | 24 | 25 | 26 |
| Ham \& Cheese Sandwich | Soft Shell Chicken Tacos | Teriyaki Chicken over rice | Mini Pancakes w/sausage patty | Cheese Pizza |
| Sides: <br> Sweet Potato Fries Fruit of the Day | Sides: <br> Corn <br> Fruit of the Day | Sides: <br> Mixed Vegetables Fruit of the Day | Sides: <br> Diced Potatoes Fruit of the Day | Sides: <br> Garden Salad Fruit of the Day |
| 29 | 30 | 31 |  |  |
| Fish Sticks w/muffin | Cheesesteak Sandwich | BBQ Baked Chicken | DAILY ALTERNATES: <br> 1. Bagel Bag <br> 2. Cereal Bag <br> 3. Peanut Butter \& Jelly U | ble |
| Sides: <br> Wedges Fruit of the Day | Sides: <br> Carrots <br> Fruit of the Day | Sides: <br> Green Beans Fruit of the Day | FRUIT: Fresh, Cupped \& 100 MILK: White, Chocolate, Stra | it Juice |

